



THE BUGLE BOY

July/August 2004

Volume 16



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United States Army
Garrison-Miami
Morale, Welfare and Recreation
3511 NW 91st Avenue
Miami, FL 33172

[http://www.southcom.mil/
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PROGRAM SPOTLIGHT

Information, Tickets & Registration (ITR) Office

SPONGEBOB SQUAREPANTS AND PATRICK STARFISH - HAVE YOU SEEN THEM?

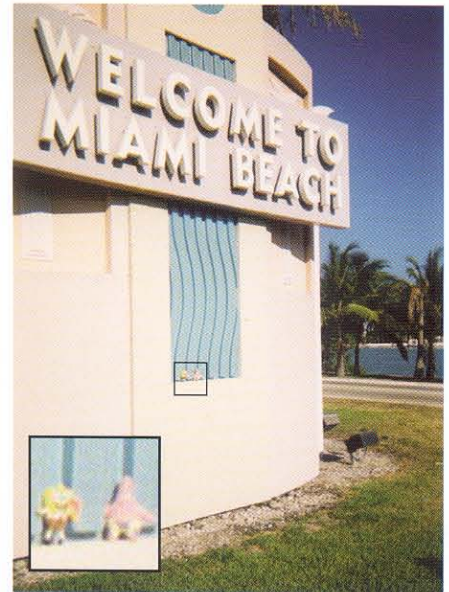


Tuesday, 1 June, SpongeBob Square Pants and Patrick Starfish (USAG-M MWR Mascots) were noticed missing from the MWR Offices and an all points bulletin was issued. A reward was offered for their safe return and an amber alert was contemplated when several emails were received from patbobbikinibottom@yahoo.com with 'clues' to their whereabouts. Patrick and Bob had absconded, and were enjoying the sites and sounds of South Florida and had no plans to return!

Since the emails, Bob and Pat have been sighted in and around Miami Beach. (Sign up for the Tour of Miami by calling 305 437-2665 and maybe you'll spot them!) We hope they take advantage of the great discounts the ITR (Information, Tickets and Registration Office) has to offer: concerts, sporting events, cruises, kayaking, snorkeling & diving trips, Orlando theme parks, fishing, and more.



A reward (two Seaquarium tickets) is being offered for information leading to the safe return of SB and P, (only if you were NOT involved in their escape!) If you spot them, send information or photos to mwrcustomerservice@hq.southcom.mil.



Bob and Patrick – see them? Photo by unknown contributor.

Take advantage of the great ITR bargains. The ITR is located in the Headquarters Building #1303A. Phone - 305 437-1595. POCs: Jill Hauser and Eric Ruiz.

**To Report Suspected
Child Abuse/Neglect or
Spouse Abuse contact
Family Advocacy at
305 437-3086. After
duty hours contact
(305) 437-4900.**

Calendar of Events

JULY

Deadline for The Watercoolers
Thursday, 1 July

Training Holiday
Friday, 2 July

Independence Day Picnic
Military Appreciation
Sunday, 4 July 3:30-9:30pm
Port of Miami, Free



Independence Day Observed
Monday, 5 July

STEP Teen Parenting
Tuesday, 6 July, 9:30-11:30am
USAG-M

Deadline for Magic Kingdom
Wednesday, 7 July

Newcomer's Briefing
Friday, 9 July, 8am-12pm/ USAG-M

First Termer's Finance
9 July, 1-3pm/ USAG-M

Magic Kingdom
Saturday, 10 July,
6am-7pm
\$44Adults/\$40Children
\$10 Service fee per person



Deadline for Madonna
Monday, 12 July

STEP Teen Parenting
Tuesday, 13 July, 9:30-11:30am
USAG-M

Pre-Separation Briefing
Wednesday, 14 July, 2:30-4pm
(Pre-requisite to TAP)
USAG-M

Remedial Check Writing
Thursday, 15 July, 9-10:30am
USAG-M

Miami Tour
Friday, 16 July, 9am-3pm
Meet at USAG-M, 8300 NW 33rd St.

The Watercoolers
Sunday, 18 July, 2pm
Actor's Playhouse/\$25

Deadline for NSYNC Basketball
Monday, 19 July

Deadline for Blizzard Beach
Wednesday, 21 July

Credit & Debt Reduction
Thursday, 22 July, 9-10:30am/USAG-M



Blizzard Beach
Saturday, 24 July, 6am-7pm
\$30 Adults/\$25 Children/\$10
Service fee per person

NSYNC Celebrity Basketball
Office Depot Center, \$27/\$37
Sunday, 25 July, 3:30pm

TAP Workshop
Tuesday, 27 July – Thurs, 29 July
8am-4pm/South Florida Workforce

Ergogenic Aids (Supplements)
Fitness Lecture
Wednesday, 28 July, Noon
HQ, CR 2305

Madonna
Office Depot Center/\$160
Thursday, 29 July, 8pm

Deadline for American Idols Live
Friday, July 30

AUGUST

**Deadline for Hillary Duff and
Monster Truck Jam**
Monday, 2 August

Pre-Separation Briefing
Wednesday, 4 August, 2:30-4pm
USAG-M

Deadline for SeaWorld
Wednesday, 4 August

Newcomer's Briefing
Friday, 6 August, 8am-12pm/USAG-M

First Termer's Finance
Friday, 6 August, 1-3pm/USAG-M

SeaWorld
Saturday, 7 August, 6am-7pm
\$44 Adults/\$40 Children
\$10 Service fee per person



Deadline for Snorkeling
Monday, 16 August

American Idols Live!
Tuesday, 17 August, 7pm
Office Depot Center, \$55

Pre-Separation Briefing
(Pre-requisite to TAP)
Wednesday, 18 August 2:30-4pm
USAG-M

**Introduction to the TSP for
Uniformed Members**
Thursday, 19 August, 9-10am
USAG-M

Snorkeling

Saturday, 21 August, 8:30am/Biscayne National
Park/\$30 includes all snorkel gear

Monster Truck Jam

Saturday, 21 August, 2pm
Office Depot Center, \$15/\$10

Strength Training Movements

Wednesday, 25 August, Noon, HQ CR 2305

Resume Writing & Interviewing Skills

Wednesday, 25 August, 2-4pm/USAG-M

Remember The Date

**Military Family
Action Plan
Wednesday, 29 September
9am-5pm**

Location TBA

Military Family Action Plan Conference

Fill out your issue card:

<http://www.southcom.mil/usag-miami/asc-bulletin.htm>

MWR Fish Tales



USSOUTHCOM Fishermen show off their catch, 1 May.

Spring Picnic

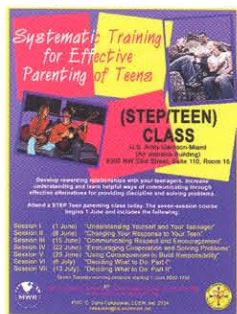


Parrots and friends Kristal, Sasha and Monica at the Spring Picnic.

WHAT'S UP AT USSOUTHCOM

A Personal STEP Story

By Cyndi McClendon



I often wonder who would participate in a program that they don't know or understand. It seems to me that great programs are overlooked by people just because of this.

So, I want to let you know about a great program that is being offered right now called STEP.

STEP is an acronym for Systematic Training for Effective Parenting. In this program, you relate real scenarios with situations within your own home. You are able to gain insight into the developmental stages of your children and recognize your own quirks and preferences. Then, you are taught methods to bring both into harmony. One of the greatest skills is learning to respect your children, not as adults, but as people. Conversation skills grow – even with that screaming toddler or surly teen.

Most parents are probably like me - we think we are doing okay as parents, that we are normal and don't need too much help. I was proved wrong. A friend introduced me to STEP in 1996 when my children were young. I was impressed with her patience and kindness with her two very rambunctious boys. She reminded me that parenting is not just a biological function but is something that we need to grow in. She was so enthusiastic about STEP that she became an instructor.

Alternative discipline is a key component with STEP. Instead of giving way to frustration, you learn to recognize the beginnings of a struggle. At that point you can

choose the best method of dealing with the issue. STEP advocates for natural consequences when possible; if the homework is not completed, not only will your child receive a bad grade, but they will also have to spend extra time studying tomorrow to make up for what time they lost today. One clear insight with STEP is that when the boundaries are clearly drawn and are firm, the household is more at peace than otherwise and children respect this.

STEP has programs for toddlers, early childhood through elementary years and for teens. I encourage you to see these as resources; not only is STEP helpful to each participant, but meeting other parents and hearing their good ideas helps us all. I look forward to learning better ways to communicate with my teens in these classes and I hope to see you there.

STEP Teen Classes – 6, 13, 20 July
POC: C. Dana Cekauskas, LCSW
305 437-2734.

MWR Sponsor Wins Golf Tournament



Mike Norman, USAG, congratulates Alienware Team.

28 May was a near-perfect day for golfing, but the USSOUTHCOM teams were outstroked by a tournament sponsor.

The **ALIENWARE** foursome, Tom Salimino, Joe Balerdi, Ernesto Gonzalez and Juan Carlos won first place. SOUTHCOM golfers, better hit those links! Many thanks

to MWR annual sponsors, **MANTECH INTERNATIONAL** and **OCEAN BANK**. Additional sponsors were **NIGHTLINE**, **PBS&J**, **TROPIC OIL**, **ES-SLINGER WOOTEN MAXWELL**, **ALF'S GOLF**, **THE BILTMORE HOTEL**, **EMBASSY SUITES** and **SUN-TRUST**. We appreciate their generosity in making the tournament a success.

MWR Employee Volunteers as Federal Women's Program (FWP) Manager



Vilma Lesesne was recently appointed FWP Manager, working under the USAG-M EEO Office. The FWP is one of six Congressionally-mandated Special Emphasis Programs. Vilma serves as FWP Manager in a collateral duty capacity – volunteering to fit this work into her normal, hectic workload. As FWP Manager, she's spearheaded a new 'Leadership Development Lunch and Learn' series, designed to assist employees with upward mobility. Kudos to Vilma for volunteering for this important service to our community!

Budget Cuts Affect MWR Programs

Army-wide budget cuts have affected US Army Garrison-Miami's ability to deliver MWR programs. Hopefully, budgets will be restored in FY 05 and we will resume our normal schedule of programs and events. We appreciate your understanding.

KID'S CORNER

SUMMER SENSATIONS

Two great summer programs are offered this year:



**Boys & Girls Club/
Operation
Proud Partners**

Ages 5-12

Cost: \$100 per session (4 Weeks)

Session I – 14 June – 9 July

Session II – 12 July – 6 Aug

Activities include: computer education, arts & crafts, dance, games, outdoor sports activities such as kick ball, basketball, T-Ball, movies and games. Field trips will include Miami Seaquarium, Metro Zoo, Parrot Jungle, Miami Museum of Science and more! (Additional fee for field trips.) Bring your own lunch.

FIT KIDS

Ages: 5-18

Cost: \$75 per week

Weekly camp, 14 June – 6 Aug

All classes are taught by certified, Miami-Dade County Public Schools teachers. Activities include racquetball, basketball, volleyball, soccer, kick-boxing, spinning, aerobics, hip-hop, salsa, ballet, martial arts, specialized youth fitness & strength training, center vocational & recreational activities, field trips and more. (Additional fee for field trips.) Bring lunch.

Registration: Complete the registration form for the camp(s) you select. Forms are at the ITR Office, #1303A. Submit the forms to Ms. Jill Hauser at the ITRO.

Drop off: 7:30am (bus departs at 7:45) to camp at the Air Jamaica Building, 8300 NW 33rd Street, Suite 110. Parents must sign their children in and out with staff. This is for accountability and safety. Please do not

drop off children before 7:30, a.m. as there will be NO supervision until then.

Pick up: 4:30pm – The EOC and/or unit commanders/directors will be contacted if children are not picked up by 4:45. It is a parental responsibility to ensure children are picked up in a timely manner. For emergencies please notify the camp coordinators at 786 236-2962.

Cost: includes registration, transportation, and an afternoon snack.

Refund Policy: No refunds.

Camp Coordinators:

Ileana Gonzalez-Posada, 305 437-3076
Jill Hauser, 305 437-1595.

Suggested Summer Reading

Reading Materials suggested by Miami-Dade County Public Schools web page:

July - Theme: Vacation

Elementary - K-2 - Clowns on Vacation by
Nina Laden

3-5 - Dillon Dillon by Kate Banks

Middle - The Mystery of the Black Moriah by
David A. Crossman

Senior High - Zigzag by Ellen Wittlinger

Multilingual - Mi gorrita (K-2, Spanish)
by Georgina Lázaro León

August - Theme: Adventures

Elementary - K-2 - Favorite Things
by Kimberly Brubaker Bradley

3-5 - Georgie Lee

by Sharon Phillips Derslow

Middle - A House Called Awful End
by Philip Ardagh

Senior High - Wanderlust
by Chris Dyer

Multilingual - Cuentos de la selva
(9-12, Spanish) by Horacio Quiroga

IMPORTANT SCHOOL DATES

First Day of School for Broward and Miami-Dade Counties is August 16th

SPOUSES CORNER

USSOUTHCOM Community Information Meeting (SCCIM).

SCCIM is held the first week of each month. Zip Code Coffee Group Coordinators disseminate information from the SCCIM to the zip code coffee groups. All spouses are encouraged to submit concerns/issues to your area zip code coordinator. The purpose is to share ideas and make living in South Florida an enriching experience. Upcoming meetings: 1000hrs, 8300 NW 33rd Street (Air Jamaica Building) Conference Room. POC: Mary Ortiz 305 437-2667.

ZIP CODE COFFEE GROUPS POCs

Kendall, Hammocks, etc.

Cris Kendle (305) 220-9564
(305) 279-3637

Weston, Davie, Plantation, Fort Lauderdale, Coral Springs and North:

Stephanie Crabb (954) 384- 8094
Carla Olivo (954) 217-9048

Pembroke Pines, Cooper City, Hollywood and Miramar:

Stephanie Paul (954) 885-8327
Ramona Chestang (954) 885- 9139

Doral, North Dade:

Cyndi McClendon (305) 468-9623



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NEED TO KNOW NUMBERS

Directorate of Morale, Welfare and Recreation (MWR)

Director, Sheryl Byrd (305) 437-2720
Administration, Vilma Lesesne (305) 437-2715
Marketing and Sponsorship,
Helen Colby (305) 437-2639
Website: <http://www.southcom.mil/usag-miami/Default.htm>
E-mail: mwrcustomerservice@hq.southcom.mil
Toll Free Hot Line: 1 888-547-4025

Substance Abuse Program (SAP)/Employee Assistance

SAP Officer, Guy Drab (305) 437-3078

Recreation Services

Recreation, Stephen Ondriezek (305) 437-2726
Tickets and Tours,
Eric Ruiz & Jill Hauser (305) 437-1595
Fitness Center (305) 437-1152
Better Opportunity for

Single Service Members (BOSS),
President SPC, Richard Garcia (305) 437-1723

Family Support Division (FSD)

FSD Officer, Victoria DuBois (305) 437-2644
Administration, Damian Perez (305) 437-2665
Consumer Affairs/Emergency Financial Assistance,
Rich Zimmelman (305) 437-2645
Employment Readiness/Transition
Assistance/Notary,
Vacant (305) 437-2671
Exceptional Family Member/Family Advocacy,
Dana Cekauskas, LCSW (305) 437-2734
Information & Referral/Child Care Subsidy,
Vacant (305) 437-2633
Relocation Readiness,
Vacant (305) 437-2723
School Liaison Officer,
Ileana Gonzalez-Posada (305) 437-2665
Volunteer Coordinator,

Mary Ortiz (305) 437-2667

USSOUTHCOM Clinic

Office hours: 0730-1630
For appointments call (305) 437-3559

Services TRICARE enrolled members

TRICARE Service Center
8385 Pines Boulevard (954) 443-6793

or
Pembroke Pines, FL 33024 1-800-700-8593

Domestic Violence/Child Abuse

John Knoebel (305) 437-3072

Family Counseling Center (305) 437-3086

Housing Referral (305) 437-2656

Education Services (305) 437-1141

Carlson Wagonlit (305) 437-1746

Veterinary Services (305) 437-1304

(POC - Ms. Estes)

Opa-Locka USCG Vet Svcs (305) 953-2195

(POC - SK2 Young)

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US ARMY GARRISON - MIAMI

Directorate of Morale, Welfare and Recreation

3511 NW 91st Avenue

Miami, Florida 33172

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